

# AGE FRIENDLY COMMITTEE

## What does “Age Friendly” status mean to a community?

The New Brunswick Age-Friendly Community Recognition Program is a way of encouraging communities and municipalities across the province to become welcoming places for all ages. The program encourages the creation of policies, services and structures that promote healthy aging and wellness. Grand Bay – Westfield has had Age Friendly Status since 2018 and is currently working through the 2026 Action Plan.

## Age Friendly Domain’s and Actions

- Outdoor Spaces & Buildings
  - Identify space and engage with community partners for a community AF garden concept.
- Housing
  - Conduct an online and/or paper-based housing needs survey reaching at least 70% of seniors on our mailing list and host free info session on aging-in-place programs, in partnership with Ability NB and other stakeholders as needed.
- Social Participation
  - Organize a new multi-generational event/program.
- Respect & Social Inclusion
  - Establish a school partnership program
- Civic Participation & Employment
  - Find and support workshops on post-retirement living and create a community bulletin board (physical and online) for senior job/volunteer opportunities.
- Communication & Information
  - Grow the email mailing list by 20% in 2026. (146 starting)
- Communication & Information
  - Needs assessment survey created and distributed. May 2026
- Social Participation
  - Increase the AF committee by 1 volunteer.

## Want to volunteer?

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